

RISE AND SHINE



And start the Day off right

LIGHT & LIVELY

Cold Cereal

Served with milk.

\$4.50

Fresh Fruit Cup

An assortment of fresh fruit in light syrup.

\$4.25

Yogurt

An assortment of flavours.

Please ask your server for our selection.

\$2.25

Blueberry Greek Yogurt

\$3

½ Grapefruit

Sectioned.

\$3

Freshly Baked Muffin

An assorted selection served with whipped butter and jam.

\$2

Homestyle Porridge

With brown sugar and milk. \$4.50

Add blueberry compote. \$3

Toasted Bagel

With jam and cream cheese.

\$3

SIDES

Pan-fried Potatoes \$3.50 • Bacon, Ham or Sausage \$3.75

One Egg \$1.75 • Toast \$2.75 • English Muffin \$2.75

BEVERAGES

Tea or Coffee

\$2.75

Herbal Tea

An assortment of flavours.

Please ask your server for our selection.

\$2.75

Aquafina Spring Water

\$3

Chilled Milk

2% or Skim

\$3

Chocolate Milk

\$3.50

Chilled Juice

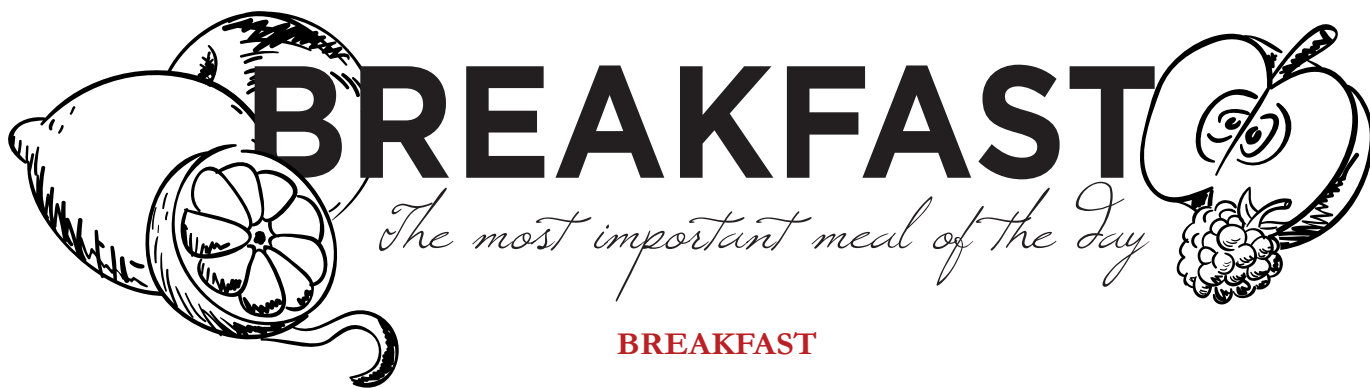
An assortment of flavours.

Please ask your server for our selection.

\$3

Please advise your server of any special requests or dietary restrictions.
Gluten-Free bread is available upon request.

MCCURDY'S



BREAKFAST

The most important meal of the Day

BREAKFAST

Cabot Trail Breakfast

Two local eggs any style your choice of bacon, ham, or sausage, with toast and served with pan-fried potatoes or sliced tomato.

Includes coffee/tea or juice.

\$12

McCurdy's Breakfast Panini

Bacon, egg, spinach, aged cheddar cheese and pesto mayo pressed between two slices of sourdough.

Includes coffee/tea or juice.

\$8

Continental Breakfast

Fresh fruit salad with a freshly baked muffin and yogurt.

Includes coffee/tea or juice.

\$8

Margie's French Toast

A Silver Dart Lodge Tradition!

Two slices of cinnamon and vanilla scented bread, coated with cornflake crumbs and accompanied with Nova Scotia blueberry compote, Margaree Valley maple syrup and whipped cream.

Includes coffee/tea or juice.

\$11

Nutella & Banana Waffle

Piled high with bananas, whipped cream and Nutella sauce.

Includes coffee/tea or juice.

\$11

Buttermilk Pancakes

Golden brown pancakes served with whipped butter, Margaree Valley maple syrup and Nova Scotia blueberry compote.

Includes coffee/tea or juice.

\$11



All prices subject to 15% Harmonized Sales Tax.